

COMMUNITY HEALTH BS concentration in Nutrition– LASS TRACK

Fall 2009 – Spring 2010

CONTACT INFORMATION

- Honors College Advisor: Kathleen Alligood (alligood@gmu.edu)
- Department Chair: Lisa Pwloski
- Undergraduate Academic Advisor: Brian Gillette (bgillett@gmu.edu)

Once students begin attending Mason and declare a major they should see both their Honors College and their major department advisor for advising.

REQUIRED HOURS

- Hours Required in Major: 58
- Hours Required in Honors: see honors advisor
- This major requires a total of 120 credits to graduate, 45 of which must be at the 300-level and above.

ADVISING SHEET

- Honors College Requirement
- ◆ Department Requirement
- ▲ College Requirement

	Credits
1st Year – 1st Semester (Fall)	
○ HNRS 110: Introduction to Research (Grade C or better required)	4
○ HNRS 125: A Liberal Arts Approach to Calculus ¹	3
◆ BIOL 124: Anatomy & Physiology I	4
◆ PSYC 100: General Psychology	3
Semester Total	14
1st Year – 2nd Semester (Spring)	
○ HNRS 122: Reading the Arts	3
○ HNRS 130: Conceptions of Self	3
◆ GCH 205: International Health	3
◆ BIOL 125: Anatomy & Physiology II	4
◆ Elective ³	3
Semester Total	16
2nd Year – 1st Semester (Fall)	
○ HNRS 131: Contemporary Society in Multiple Perspectives	3
○ HNRS 240: Reading the Past	3
◆ GCH 295: Nutrition	4
◆ STAT 250: Introductory Statistics I	3
◆ Elective ³	3
Semester Total	16
2nd Year – 2nd Semester (Spring)	
○ HNRS 230: Cross-Cultural Perspectives	3
○ HNRS 353: Technology in the Contemporary World (grade of C or better required)	3

◆ STAT 350 or 362	3
◆ BIOL 246: Microbiology	3
◆ BIOL 306: Microbiology Lab	1
◆ Elective	3
Semester Total	16
3rd Year – 1st Semester (Fall)	
◆ HAP 301: U.S. Health Care Systems	3
◆ GCH 332: Health and Disease	3
◆ GCH 422: Nutrition Throughout the Life Cycle	3
◆ GCH 412: Fundamentals of Epidemiology	3
◆ Elective	3
Semester Total	15
3rd Year – 2nd Semester (Spring)	
◆ GCH 350: Health Education	3
◆ GCH 360: Health and Environment	3
◆ GCH 420: Strategies for Nutrition Education	3
◆ GCH 421: Community Nutrition	3
◆ Elective	3
Semester Total	15
4th Year – 1st Semester (Fall)	
◆ GCH 423: Nutrition and Chronic Illnesses	3
◆ GCH 460: Public Health Research and Methods	3
◆ GCH 466: Nutrition and Weight Management: Obesity, Anorexia, and Bulimia	3
◆ Comm. Health Elective	3
◆ Elective	3
Semester Total	15
4th Year – 2nd Semester (Spring)	
◆ GCH 411: Health Program Planning	3
◆ HHS 465: Examination and Integration of Professional and Healthcare Issues	3
◆ Community Health Elective	3
◆ Community Health Elective	3
◆ Elective	3
Semester Total	15
Total Hours	123

NOTES

1. MATH 113 or HNRS 125 fulfills the quantitative reasoning requirement for the Honors College. Math 113 requires a placement exam. See the Math Department for exam days and times.
2. The lab science requirement for the Honors Program is fulfilled in this major by completing BIOL 124/125 and BIOL 246.
3. SOCW 110 is a recommended elective.