

HEALTH AND PHYSICAL EDUCATION (BSED) – LASS TRACK

Fall 2009 – Spring 2010

CONTACT INFORMATION

- Honors College Advisor: Kathleen Alligood (alligood@gmu.edu)
- Department Chair: David Wiggins
- Department Program Coordinator: Cindy Wadell (cwaddell@gmu.edu)

Once students begin attending Mason and declare a major they should see both their Honors College and their major department advisor for advising.

REQUIRED HOURS

- Hours Required in Major: 72
- Hours Required in Honors: see honors advisor
- This major requires a total of 123??? credits to graduate, 45 of which must be at the 300-level and above. The final semester must be devoted to student teaching.

ADVISING SHEET

- Honors College Requirement
- ◆ Department Requirement
- ▲ College Requirement

1 st Year – 1 st Semester (Fall)	Credits
○ HNRS 110: Introduction to Research (Grade C or better required)	4
○ HNRS 125: A Liberal Arts Approach to Calculus ¹	3
◆ PHED 200: Professional Dimensions of Health, Recreation, and Physical Education	3
◆ HEAL 110: Personal Health	4
◆ Opening for Course	3
Semester Total	17

1 st Year – 2 nd Semester (Spring)	Credits
○ HNRS 122: Reading the Arts	3
○ HNRS 130: Conceptions of Self	3
◆ Elective	3
◆ PHED 274 Dance and Educational Gymnastics	2
◆ PHED 275: Field and Invasion Games	2
◆ HEAL 205: Principles of Accident Causation and Prevention	4
Semester Total	17

2 nd Year – 1 st Semester (Fall)	Credits
○ HNRS 131: Contemporary Society in Multiple Perspectives	3
○ HNRS 240: Reading the Past	3
○ BIOL 124: Human Anatomy and Physiology	4
◆ HIST 121: Formation of the American Republic	3
◆ PHED 273: Net Target Games	2
◆ PHED 201: Development Motor Patterns	3
Semester Total	18

2nd Year – 2nd Semester (Spring)

○ HNRS 230: Cross-Cultural Perspectives	3
○ HNRS 353: Technology in the Contemporary World (grade of C or better required)	3
◆ BIOL 125: Human Anatomy and Physiology	4
◆ HEAL 310: Drugs and Health	4
◆ PHED 202: Teaching Skillful Movement	3
Semester Total	16
3rd Year – 1st Semester (Fall)	
◆ See Major Dept. For Requirements	
Semester Total	
3rd Year – 2nd Semester (Spring)	
HNRS 228: Scientific Thought and Process II	3
◆ See Major Dept. For Requirements	
Semester Total	
4th Year – 1st Semester (Fall)	
◆ See Major Dept. For Requirements	
Semester Total	
4th Year – 2nd Semester (Spring)	
◆ See Major Dept. For Requirements	
Semester Total	
Total Hours	128

NOTES

1. MATH 113 or HNRS 125 fulfill the quantitative reasoning requirement for the Honors Program. Math 113 requires a placement exam. See the Math Department for exam days and times.
2. The Honors Program science requirement is satisfied in this major through completion of BIOL 124/125 and HNRS 228.